



## ALTONA NORTH PRIMARY SCHOOL: Canteen Price List April 2009

A charge of 20 cents will apply for paper bags supplied by the canteen OR you can purchase 50 lunch bags for \$3.

### HOT FOODS:

☺ 97% Fat Free Spaghetti	\$3.70
☺ 97% Fat Free Lasagne	\$3.70
☺ 97% Fat Free Ravioli	\$3.70
☺ Corn Cobbett's	\$0.80
☺ Chicken Burgers - Mayo & Lettuce	\$3.80
☺ Pizza Supreme (Heart Foundation Tick)	\$3.20
☺ Chicken Nuggets	\$0.80
☺ Sausage Roll (Heart Foundation Tick)	\$2.50
☺ Beef Pies (Heart Foundation Tick)	\$3.50
☺ Pasties	\$3.40
☺ Potato Pie	\$3.70

### BREADS:

White, Wholemeal, Multi-Grain, Tiger—1 slice white & 1 slice wholemeal bread. Bread Rolls – add an extra 30 cents.

### SANDWICHES, ROLLS & WRAPS:

☺ Roast Chicken & Salad Sandwich	\$3.90
☺ Ham & Salad Sandwich	\$3.90
☺ Fish & Salad	\$3.90
☺ Roast Chicken Sandwich	\$3.10
☺ Ham Sandwich	\$3.10
☺ Fish Sandwich	\$3.50
☺ Salad Sandwich	\$3.50
☺ Egg & Lettuce Sandwich	\$3.10
☺ Curried Egg Sandwich	\$3.10
☺ Egg Sandwich	\$3.00
☺ Cheese Sandwich	\$2.60
☺ Tomato Sandwich	\$2.30
☺ Buttered Roll	\$1.20
☺ Vegemite Sandwich	\$1.80

### HEALTH LUNCH:

Salad Sandwich	
Cheese portion OR Packet Sultanas	
Piece of Fruit	
Big M Chocolate or Strawberry	
OR	
Bottle of water	\$5.20
OR with a	
Just Juice	\$5.00

### DRINKS & FROZENS:

Big M Chocolate or Strawberry Milk	\$2.20
600ml Bottle of Water	\$2.20
Frozen Go Ghurts 97% Fat Free	\$1.00
Frozen Quelch Sticks	\$0.80
Just Juice (Orange Mango / Orange / Pineapple / Apple / Apple Blackcurrant [ABC])	\$1.20



### HALAL FOODS:

Please remember to mark lunch orders HALAL:

[H] ☺ Beef Pies	\$3.60
[H] ☺ Chicken Pastry Rolls	\$3.70
[H] ☺ Sausage Rolls	\$2.70
[H] ☺ Chicken Nuggets	\$0.80
[H] ☺ Chicken Burgers	\$3.80 (will now contain mayo, lettuce & carrot)
[H] ☺ Tomato Sauce portions	\$0.30

We now have Halal Roast Chicken for sandwiches & rolls.

### ORGANIC FOODS: \*\*\*\*NEW\*\*\*\*\*

Apple & Honey Bars	\$1.00
Corn Chips (cheese)	\$1.50
Manuka Honey Pop Corn	\$1.80
Apple Juice	\$1.60

### EXTRAS:

☺ Fruit in Season	\$1.00
☺ Sultanas	\$1.00
☺ Pretzels	\$1.20
☺ Pop Corn (Low Salt) Chicken / BBQ	\$1.40
☺ Double Decker Crackers	\$1.00
☺ Mammee Noodles	\$1.00
☺ Snakata	\$1.20
☺ Muffins	\$1.50
☺ JJ Snacks	\$1.40
☺ Fantastic Rice Biscuits	\$1.00

### ICE CREAMS:

Frozen Chocolate Thick Shake	\$2.00
Frozen Yoghurt Cup.	
Peach / Mango or Strawberry	\$1.80
MOO Paddle Pops - Chocolate / Strawberry	\$1.40
Paddle Pops - Chocolate / Rainbow / Banana	\$1.30
Moosies	\$1.40

At recess we will sell frozen Pineapple Rings, Watermelon, Grapes, Orange Wedges and Banana while in season.

To help make a healthier choice of food for your children's lunches, we have marked most items with these symbols.

☺ This represents a Healthy Everyday food.

☺ This represents food which should be eaten Once A Week.

☺ This represents food which should be eaten 1 or 2 times a month only if possible.

[H] This represents HALAL food. This food is purchased from Biadia or Vili's.

We will no longer sell lollies or chocolates at recess or lunch times. We will sell fresh fruit, ice creams, muffins, snacks, drinks and other products as they become available.

Items ordered for lunch with the **child's name, room number and the amount of money** are to be written on the outside of a paper bag. The money is to be placed in the bag. All lunch orders are to be placed in the classroom lunch box. *The canteen is not open before school. Please mark items as HALAL on lunch bags.* If there is not enough money in your lunch order, 1 item will be deleted. If a child forgets their lunch they will receive a lunch and lunch slip letting you know how much their order came to. *It would be appreciated if you could send the money along to school as soon as possible.* Thank you Coral.